



modern
FLORIOGRAPHY
VOLUME 2

What Your
Grocery Store
Bouquet
Is *Really*
Saying

EnchantedBotanicals.com

welcome

You know that moment when you pop into the grocery store for coffee creamer... and somehow walk out with a bouquet you absolutely did not plan on buying?

There's a reason for that.

Grocery store flowers might not come wrapped in silk ribbon or delivered by a handsome florist on a bicycle (although past-life Parisian us remembers), but their magic?

Completely real.

In fact, the flowers most of us pass by every week — carnations, lilies, daisies, tulips, even that humble lemon leaf filler — have some of the clearest, kindest messages in Modern Floriography.

This little guide is here to help you understand what they're trying to tell you.

Simple. Sweet. Everyday magic.



carnation

DEVOTION · RESILIENCE · EVERYDAY COURAGE

Carnations are the ride-or-dies of the floral world. They last forever, cost next to nothing, and still show up looking adorable.

What it's saying:

"You are tougher than this week. Truly."

Carnations are a pep talk in petal form — not loud, just steady. They're strong without the theatrics — kind of like you.

Try This:

Put one by your sink.

Every time you wash your hands, give yourself the same kindness you give literally everyone else.



daisy

SIMPLICITY · CLARITY · FRESH PERSPECTIVE

Daisies are the floral equivalent of a clean countertop.
Bright. Honest. No frills.
They tell the truth without making it weird.

What it's saying:

“Let's not overcomplicate this.”

When your brain is doing gymnastics, daisies help you sort what matters from what doesn't — quickly and kindly..

Try This:

Pop one in a tiny vase on your desk.

When you start spiraling, ask:

“What's the simplest next move?”



Tulips

HOPE · QUIET JOY · EMOTIONAL THAW

Tulips bend toward the light like they're auditioning for a role as "Most Improved Mood."

They thaw things — feelings, plans, maybe even your jaw tension.

What it's saying:

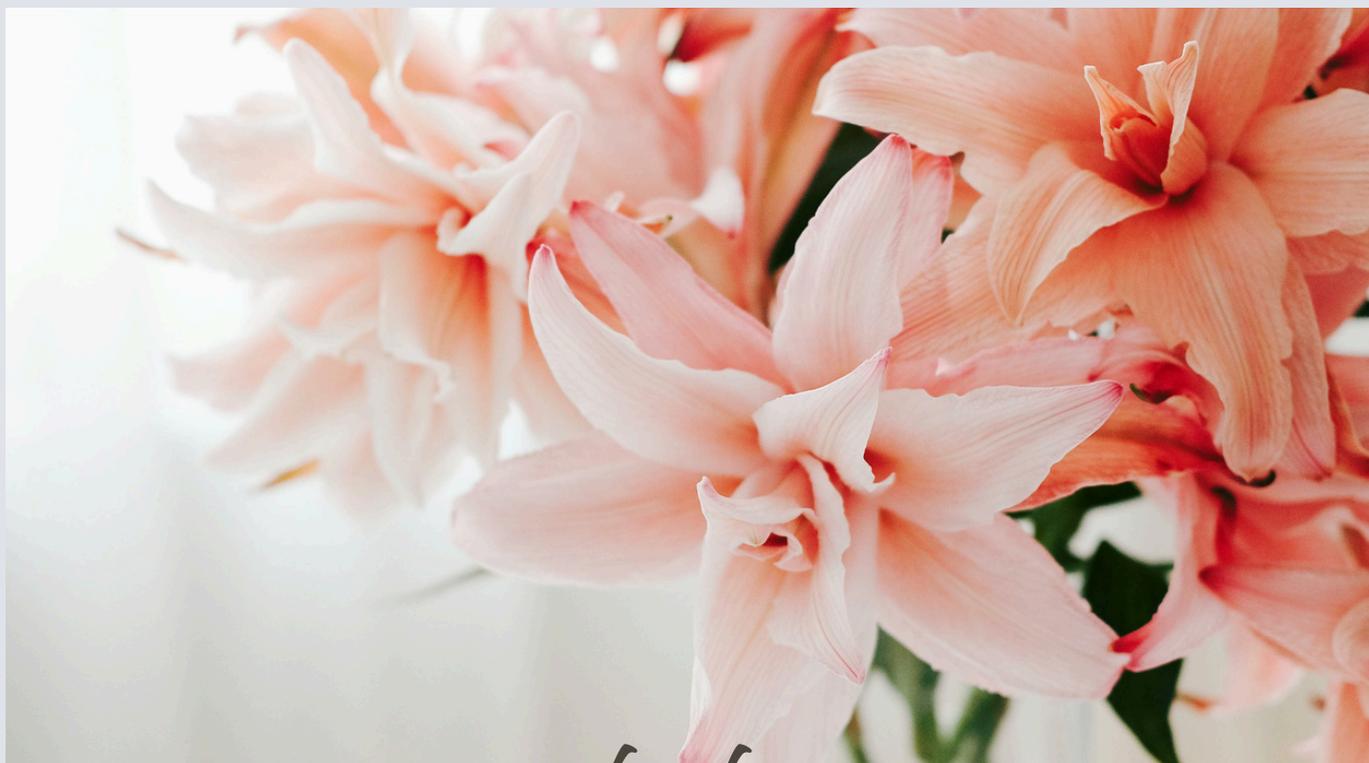
"Something in you wants to open again."

Tulips are gentle hope-bringers. No speeches. Just a vibe shift.

Try This:

Watch which way they lean each morning.

That's usually the direction you're trying to go, too.



Lily

RENEWAL · TRANSITION · TENDER STRENGTH

Lilies are the “deep breath” of the floral aisle.
Big energy, soft petals.
They show up exactly when you’re in between chapters.

What it’s saying:

“You’re changing — and it’s a good thing.”

Lilies help you slow down enough to feel what’s shifting...so you don’t miss the moment you’ve been asking for.

Try This:

As the blooms open, set one short intention.

Just one.

Your nervous system will thank you.



Lemon leaf

SUPPORT · STEADINESS · QUIET STRENGTH

Lemon leaf is the background actor who deserves its own award. Always there. Always holding everything together. Rarely appreciated.

What it's saying:

"You're supported — even in the ways you don't notice."

This humble filler is your reminder that stability matters. And that you already have more of it than you think.

Try This:

Use a single leaf as a bookmark.

Every time you open your book, remember:

You don't have to carry it all.



YOUR GROCERY STORE BOUQUET *translated*

If your bouquet could talk, here's what it would text you:

Carnation: You're stronger than the nonsense.

Daisy: Keep it simple. Really.

Tulip: Hope is waking up.

Lily: You're entering a new chapter — unclench.

Lemon Leaf: You're not doing this alone.

Simple flowers.

Smart messages.

Everyday magic (right next to the rotisserie chicken).